



# MATTHEW

## 11 : 28-30

*“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to **obey** everything I have commanded you.” — Matthew 28:19-20a*

*“The Baptist Church of Franklin exists to make **more** and **better** followers of Jesus Christ.” — BCF Membership Binder*

### **OBSERVE and REFLECT**

#### **All Who Are Weary and Burdened**

- When you think of those who are “weary and burdened,” who do you think of? What sorts of things leave you weary and burdened?
  
- In what ways can Christian religion become a burden?

#### **Come To Me**

- What are some practical ways we can come to Jesus?
  
- What challenges do you face in spending time with Jesus? What has been helpful in keeping up that practice?

## **Learn From Me**

- Do you think of Jesus as your teacher? Why or why not?
- What's something especially valuable that you've learned from Jesus? What's something you'd like to learn more about from him?

## **I Will Give You Rest**

- In what ways does the God of the Bible bring people rest?
- What sorts of things in life bring you peace and rest? How intentional are you about scheduling these things into your daily life?

## **\*\*Weekly Bonus Questions\*\***

- What's one "a-ha" moment you've taken away from this discussion?
- What's one thing you should do differently this week because of what you've learned here?